Ideas for a Nature Journal Page

What can be put on a Page

Ways to Focus Attention

Connect to the **moment and place** with metadata (info about the info):

- Where: place, name, GPS, altitude
- When: date, time
- Moon phase, sunrise & sunset, tides
- Weather: temperature, cloud cover, humidity, air pressure & other conditions

Orientation: where is north

Observations (*I notice...*)

- Sights
- Smells
- Sounds
- Sensations

Questions (I wonder...)

Associations (*It reminds me of...*), Thoughts, Emotions, Memories

Things said or written such as on signs

Personal insights

Comments and statements made by others that spark your thinking or feeling

Tape in photos, tickets stubs, maps, parts or complete information brochures, etc.

BACK HOME

Comments and reflections on NJ session.

- Questions I still have are
- I used to think_____ but now ____
- I was surprised by ...
- I learned something that was not a fact (a skill, new way of looking at things, etc.)
- I want to find out more about ...
- Next time, I want to (do, think, observe)

- Individual- or Species- level accounts
- **Form and function** like different shapes of bird wings, animal arms and limbs
- Comparisons/Contrasts similar species of plants, aloes v knifophia, cycads v ferns v palms, insects v spiders, dragonflies v damselflies, different habitats, shells' chirality
- Collections leaf shapes, types of tree bark, page or list of birds seen and heard, all species of flowers in bloom of one colour, tree bark rubbings, findings in one spot like a tidal pool, on the beach or one square metre, types of moss, lichen, fungi, findings on a beach, scat/poo, animal prints or spoor, ?
- Label parts of habitats, animals, plants, fungi
- Field Guides make one for a place instead of taking one.
- Habitats, spaces/places, paths
- Soil, rocks, land formations
- Cloud types
- Constellations
- Timelines flowers from buds to seed or fruit, geological and human history of a place, behaviour and interactions of wildlife, shadows at different times of day
- Change & Causation: shoreline shape and movement, temperatures, light & shadow,

Change the point of view

- Zoom in: Zoom out Magnify for details, powers of ten
- Sections like different cross-sections
- Landscape/ Aerial / Underneath

Look Up - Look Down - Look All Around

WAYS RECORD to **Numbers** to Words to **Images** with - Count individuals, parts of - Tracings & Rubbings Describe plants, # petals, etc Name - Diagrams Label parts, structures - Measure sizes, angles - Sketches - Estimate quantities, %cover Titles/headings - Add colour Comments by others - Plot, Graph, Pie Chats - Maps, keys/legends: flat or block Poetry & Quotes - Measure time duration - Symbols, bullets, icons, dots, - Page organisers: Boxes, frames, lines **Stories** - Scales (1:1, 2:1, 5x) Lists - Stem-Leaf plots banners, arrows, brackets, callouts

Adapted by Cati Vawda for Nature Journaling South Africa 2019 September 9 with permission from John Muir Laws' "The Laws Guide to Nature Drawing and Journaling" page 63, and with permission from The BEETLES Project Model Field Journal Pages http://beetlesproject.org/resources/field-journal-pages/.

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What can be put on a Page

Focus Attention: Project or Investigative Frame

Connect to the **moment and place** with metadata (info about the info):

- Where: place, name, GPS, altitude
- When: date, time
- Moon phase, sunrise & sunset, tides
- Weather: temperature, cloud cover, humidity, air pressure & other conditions

Orientation: where is north, cloud ceiling, home, sea

Observations (I notice...)

- Sights
- Smells
- Sounds
- Sensations

Questions (I wonder...)

Associations (*It reminds me of...*), Thoughts, Emotions, Memories

Things said or written such as on signs

Personal insights

Comments and statements made by others that spark your thinking or feeling

Tape in photos, tickets stubs, maps, parts or complete information brochures, etc.

BACK HOME Reflect and Connect

- Questions I still have are
- I used to think_____ but now ____
- I was surprised by ...
- I learned something that was not a fact (a skill, new way of looking at things, etc.)
- I want to find out more about ...
- Next time, I want to (do, think, observe)

Individual- or Species- level accounts
Form and function – like different shapes of bird wings, animal arms and limbs

Comparisons/Contrasts – similar species of plants, aloes v knifophia, cycads v ferns v palms, insects v spiders, dragonflies v damselflies, different habitats, shells' chirality

Collections – leaf shapes, types of tree bark, page or list of birds seen and heard, all species of flowers in bloom of one colour, tree bark rubbings, findings in one spot like a tidal pool, on the beach or one square metre, types of moss, lichen, fungi, findings on a beach, scat/poo, animal prints or spoor, evidence of presence or activity

Label parts of habitats, animals, plants, fungi Field Guides – make one for a place instead of taking one.

- Habitats, spaces/places, paths
- Soil, rocks, land formations
- Cloud types
- Constellations

Timelines – flowers from buds to seed or fruit, geological and human history of a place, behaviour and interactions of wildlife, shadows at different times of day

Change & Causation: shoreline shape and movement, temperatures, light & shadow,

Change the point of view

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